

QUATREFOIL

I got the best result with the 3cm version (2nd below), although the largest one works well with crewel wool.

Petals: White (or another light colour; dark may work as well with light streaks) satin stitch using four strands, slightly slanted, from the outside of the petal to the outside of the inner circle; then purple or blue (again, other colours will work too) straight stitch "streaks" in the same direction using two strands; about 6 per petal, in varying lengths.

Flower centre: 8 pink French knots in a circle just inside the line, using four strands and three wraps, then 3 yellow French knots (four strands, three wraps) in a triangle in the centre.

Leaves: Green satin stitch along the (non-existent) vein of the leaf (slightly slanted if necessary) using four strands.

Outline the petals with a single line of K4 / #7 Japor a double line of fine passing (for a smaller flower, use thinner Jap, or a single line of passing thread) using translucent couching thread.

(If using crewel wool or Madeira Lan instead of stranded silk or cotton, just use it as it comes off the skein.)

